

GLIAC OUTDOOR CHAMPIONSHIP SCHEDULE OF EVENTS

Thursday May 3, 2007

Field Events

- 2:00 Mens Hammer Throw
- Mens Triple Jump
- Womens Javelin
- Womens Pole Vault

- 4:00 Womens Hammer
- Womens Triple Jump
- Mens Javelin
- Mens High Jump

Running Events

- 2:00 Womens 3k Steeple Final
- 2:20 Mens 3k Steeple Final
- 2:35 Womens 1500m Prelims
- 2:50 Mens 1500m Prelims
- 3:05 Womens 100H Prelims
- 3:15 Mens 110H Prelims
- 3:25 Womens 400m Prelims
- 3:40 Mens 400m Prelims
- 3:55 Womens 100m Prelims
- 4:10 Mens 100m Prelims
- 4:25 Womens 800m Prelims
- 4:40 Mens 800m Prelims
- 5:00 Womens 400H Prelims
- 5:15 Mens 400H Prelims
- 5:35 Womens 200m Prelims
- 5:50 Mens 200m Prelims
- 6:05 Womens 10k Finals
- 6:55 Mens 10k Finals

Friday May 4, 2007

Field Events

- 11:00 Mens Shot
- Womens Discus
- Mens Long Jump
- Womens High Jump

- 1:00 Womens Shot
- Mens Discus
- Womens Long Jump
- Mens Pole Vault

Running Events

- 12:00 Womens 5k Finals
- 12:30 Womens 4 x 100m Finals
- 12:40 Mens 4 x 100m Finals
- 12:45 Womens 1500m Final
- 12:55 Mens 1500m Final
- 1:05 Womens 100H Final
- 1:15 Mens 110 Final
- 1:20 Womens 400m Final
- 1:25 Mens 400m Final
- 1:30 Womens 100m Final
- 1:35 Mens 100m Final
- 1:40 Womens 800m Final
- 1:45 Mens 800m Final
- 1:55 Womens 400H Final
- 2:00 Mens 400H Final
- 2:10 Womens 200m Final
- 2:15 Mens 200m Final
- 2:20 Womens 3k Final
- 2:35 Mens 5k Final
- 2:55 Womens 4 x 400m Final
- 3:05 Mens 4 x 400m Final
- 3:45 AWARD PRESENTATIONS